

THE LOGOS



Christ, Our Soon Coming King

“Let’s Talk About Him”

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PAY IT FORWARD



The International Men’s Day (IMD) is a group of men that focus on promoting positive male role models and celebrating positive contributions made by men in our society while trying to improve gender relations and equality to eliminate discrimination against men. It is also our hope and goal to ensure safer and better communities and encourage young men to become leaders of society. This year our focus is on men’s health and wellbeing. International Men’s Day is celebrated each year on November 19th, in eighty countries throughout the Caribbean and the world.

As a young boy who lost his mother at the age of ten, it was thought that I would have been a statistic on the negative side of things, but instead of becoming the prisoner, I became the Prison Officer. This did not happen by chance but with the help of a positive role model like my father and grandfather, men in my church, community, and workplace. Because I am very thankful to the men who helped me, I am paying it forward with my sons and any other youth, be it male or female as appreciation for what I am today.

As we celebrate positive male role models in our homes, workplace, community, and society, and *Pay It Forward*, Psalm 1 is a great place to look. **1** Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful. **2** But his delight is in the law of the Lord, and in his law doth he meditates day and night. **3** And he shall be like a tree planted by the rivers of water, that bringeth

forth his fruit in his season; his leaf also shall not wither, and whatsoever he doeth shall prosper.

Statistics completed by the IMD state that 76% of suicides are men, 85% of homeless are men, 70% of homicide victims are men, 40% of domestic abuse victims are men. People are crying out all around us, but are we hearing them? It is time for us not just to hear and offer a prayer, but to *pay it forward*. As Leaders, chosen by God, we must not be satisfied with the above statistics and do everything we can to help our youth live their best lives while being productive and healthy.

Men of South Bahamas Conference let us not be like those described in verses 4 & 5 of Psalm 1:

4 The ungodly are not so: but are like the chaff which the wind driveth away. **5** Therefore the ungodly shall not stand in the judgment, nor sinners in the congregation of the righteous.

Rather, let us ensure that the Lord knows us because we are striving to be the best father, son, grandfather, grandson, uncle, nephew, cousin, friend, boyfriend, or neighbor we can be. Someone helped you, no matter how small it was so it is now your turn to *Pay It Forward*. Let us remain in Christ, healthy and strong men, working together with wives and others and leading our families and others we meet into truth. Let us be loving, caring, and ensuring that the world is made better.

Elder Curtis Bryan,
Men’s Ministries Coordinator.
South Bahamas Conference



CALENDAR OF EVENTS 2020

NOVEMBER

27-29: SBC Men’s Conference
28: HIV/AIDS Awareness Day & LTM/TMI Baptisms

DECEMBER

5: World Stewardship Day
4-5: Youth Congressoree-Speaker (Joint

Youth Services)
5: Adventist Men Chorale Concert
6: CHAM Fun Day (Joint)
6 – 7: ATCU Session
6 – 7: Youth Choir Christmas Concert
11 – 12: 4th Quarter Youth Day (Local Church/District)
11 – 12: Winter Youth Retreats (Local Church/District)
12: Youth Emphasis Day/Meistersinger Annual Christmas Concert (p.m.)
13: Youth Banquets (Local Churches/District)
14: Health Emphasis Day/Choir Day
18: Office Closes for the Holiday
19: Christmas Sabbath
19: Music Day (Local Churches, a.m.)/Festival of Carols (Joint, p.m.)
31: Year End Service



HAPPENING THIS WEEKEND

MEN’S MINISTRIES Adventist Men Weekend November 27-28, 2020

Theme: ‘Men-Healthy Minds, Healthy Bodies’
Friday Vesper – Guest Speaker, Elder Israel Leito
Sabbath Afternoon Symposium -
Presenters: Pastor Reinaldo Dracket, Pastor Michael Smith, Director Lester Stuart, and Dr. Alpheus Allick.
Music will be provided by Adventist men from around the Conference.
Meeting ID: 994 6820 9787
Passcode: 842474

- Elder Curtis Bryan,
Men’s Ministries Coordinator.



CHILDREN & ADOLESCENT MINISTRIES DEPARTMENT SAVE THE DATE CHAM FUN DAY

& Announcement of Results of ‘Kids
Talents for Jesus’ Competition
December 6, 2020

- Mrs. Lavern A. Sturrrup,
Children & Adolescent Ministries Director.



BIBLE CLASS

Bible Class continues Sunday @ 6:30 via Zoom and YouTube. Topic: United in Christ. -Pastor Lynden Williams, *Spirit of Prophecy Coordinator*.



COMMUNICATION DEPARTMENT JOB OPENING

The Communication Department of the South Bahamas Conference of Seventh-day Adventists is seeking an **audio-visual technician**.

Requirements: A bachelor's degree in journalism, broadcasting, communications, or credentialing such as Certified Technology Specialist (CTS).

Necessary Skills

The Audio-Visual Technician must be able to transport, assemble, maintain, and repair equipment used in multimedia production. Knowledge of camera and lighting techniques is essential, and knowledge of editing software for audio and video is required.

The individual must also be creative and flexible with strong communication skills and the ability to interact with coworkers and clients, often under deadline pressure. In addition to being proficient with computer systems used in multimedia production, the employers require word processing skills. The individual must be able to sit and stand for long periods of time and have good hearing and eyesight.

To submit a resumé or for further enquiries email our Human Resources department at dforbes@sbcadventist.org.bs

-Mrs. Lavern A. Sturup, *Communication Director*.



HEALTH MINISTRIES DEPARTMENT UPCOMING EVENTS

December 20 - Cooking Class (Hillview)

Health Panel Discussion

You are all invited to a Health Panel Discussion captioned, 'The Whole You' on December 5 at 4:00p.m. A panel of health professionals will be available to answer any health questions/concerns you may have.

MEETING ID: 996-8077-3311
Passcode: 681760

HEALTH TIP

EXERCISE BOOST PHYSICAL AND MENTAL WELLBEING

Research shows that exercise increases wellbeing as well as reduce symptoms of depression and anxiety. Good physical health is related to better mental health. Sharma (2006) "Exercise improves mental health by reducing anxiety, depression, and negative mood and by improving self-esteem and cognitive function. Exercise has also been found to alleviate symptoms such as low self-esteem and social withdrawal". Also, eat a healthy diet three times per day. Avoid processed foods (junk food), caffeine and alcohol. Get eight hours of sleep per night. Drink eight glasses of water minimum. Keep up with your annual doctor's visit. Talk to God daily through the study of His word and prayer.

- Mrs. Nathelyn LaCroix, *Health Ministries Director*.



WOMEN'S MINISTRIES DEPARTMENT

Ladies, do you have a testimony that you wished you could share with the whole world? Maybe it's a scripture that means so much to you that you would like to share why. Do you have a story that you think would inspire your sisters in the faith? Well, here is your opportunity.

The Women's Ministries Department of the South Bahamas Conference of Seventh-day Adventists is pleased to announce the publishing of the first local Women's Devotional, and we are seeking your help in making this become a reality. We ask that you make this a matter of prayer and if you are led to make a contribution to the devotional, we invite you to submit your story.

Each submission should range between 450 - 500 words, in totality, with a title and a scripture text. Please also note that you may use your name or a Pseudonym, whichever makes you more comfortable. All stories should be sent to SBCwomensministries@sbcadventist.org.bs. Deadline for submissions is June 2021.

As we embark on this journey together, we ask that you pray for the successful launch of this Devotional and that many lives will be enriched by its readers.

Pause and Pray Wednesday.

Don't forget our weekly Pause and Pray appointment on Wednesdays at noon.

DONATION REQUEST Used, But in Good Condition Devotionals

Kindly donate to your local Women's Ministries Leader for distribution during our community outreach projects this year. - Mrs. Jacqueline Gibson, *Women's Ministries Director*.



YOUTH TIDBITS IAD Bible Connection 2020:

The Youth Department congratulates Pharez Darceuil of the Berea Church, for courageously representing the Atlantic Caribbean Union at the IAD Bible Connection Finals 2020. ATCU placed 20th overall and 2nd among the English Fields.

Festival of Youth 2020:

Will be held virtually, on December 4-5, 2020.

Friday at 7:00p.m

Sabbath at 9:00a.m & 4:00p.m

Via:

YouTube- @passiton242

Facebook-@passiton242

Meeting ID: 966 5728 0441

Passcode: 330295



Please Email Weekly Announcements

To: sbclogos@gmail.com

Or logos@sbcadventist.org.bs

By Tuesday at 3:00p.m.

Visit the Conference website:
<http://southbahamasconference.org>
for the Logos publication archives & the
ATV658 NEWS, as well as weekly
programming.



CALL 341-4021
SUN SETS NEXT
SABBATH
December 5,
2020
5:20 p.m.

Happy Sabbath!