



## A Blessed Life

*Looking back on a prayer made in youth*



It was a typical chilly, breezy, maybe foggy day along the North Atlantic Coast. It was 1936. The Canadian economy was struggling. There were signs of war in Europe.

### A Prayer on the Beach

As gentle waves splashed the beach, an anxious, unassuming young man sat on a rock contemplating his uncertain future. Then God showed up. Sensing the divine presence, the young man prayed. He asked God to guide his life, to help him to find a job and a wife. This is his story of a blessed life as God answered his prayer throughout the next 80 years.

### Life Reflections

Seventy-five years after the prayer on the beach that teenager is now 91 years old, and my father-in-law. I had arrived to spend the night and the next day to move him and his wife of more than 60 years to an independent living seniors' facility several hours away. We had enjoyed a simple evening meal, the table had been cleared, and Grandma was finishing up in the kitchen. My father-in-law and I were sitting quietly at the empty table.

Quentin Covey was never much for chitchat. He was generally quiet and unassuming, a man of few words. That evening he seemed ready to talk. For him to open up and talk, you had to be quiet and give him time to think and speak when he was ready.

Eventually, he spoke: "I first talked to God when I was 16, sitting on a rock on the beach near Indian Harbor, Nova Scotia, on St. Margaret's Bay."

Quentin grew up in a humble Christian family that attended a small Baptist church every Sunday. He had a Seventh-day Adventist neighbor who attended church on Saturday and the Baptist prayer meetings during the week. Occasionally this neighbor talked about the Sabbath being Saturday, not Sunday. Quentin was persuaded that his neighbor was right, but he decided that he was unable to change denominations because his parents were opposed to the idea and he still lived at home.

At the table that January evening, Quentin began to tell parts of the story unknown to his family.

"I had known for some time that I could not make a living as a fisherman because I got seasick. I knew that soon I would need to leave for Halifax and look for work. Sitting on that rock, I asked God to take care of me, to guide me in finding a good job and a wife, and to show me how I could keep the Sabbath according to the Bible."

I had known this man for more than 35 years, but he had spoken very little about his early faith. Looking back, he wanted to share how God had faithfully answered this prayer of his youth.

### A Lifelong Journey

Quentin's fishermen family lived for a time on Flint Island off the coast of Cape Breton, where his dad took care of the lighthouse. On his first day at school a fellow student punched him in the stomach, and he almost died. He was living

with his grandmother at the time, and there were limited medical services available. Someone told his grandmother to read Psalm 91 to Quentin every day and that God would heal him. This she did, and Quentin eventually got well and lived to age 96 with relatively good health.

Quentin revealed that shortly after his talk with God on the beach, he went to Halifax and found a job at the shipyards and trained as a plumber. He later joined the Canadian Army, and after basic training spent several years in British Columbia monitoring the Japanese. He served the last year of WWII as a medic in Holland and Germany.

Returning from Europe, Quentin resumed work at the shipyards until he retired at age 56. As he told me this story, he had been retired for more than 35 years.

"I now had a good job and began thinking about a wife," he continued. "As the right woman had not yet arrived, I had another talk with God. I thanked Him for safety during the war and for my work. Seeing that I was getting close to 30 years old, I suggested that if He was going to find me a wife, He had better get at it. A few days later I met Marguerite. I knew she was the one, and we were married in June 1950."

About three years later, Quentin and Marguerite were living in Dartmouth when a Pastor Matthews began a radio program that Marguerite listened to occasionally. The pastor offered to give them Bible studies. Marguerite signed them up, and one day the pastor arrived at their door offering home Bible studies. Once a week he came and studied with them.

"After a few weeks, the topic was on the change of the Sabbath from Saturday to Sunday," Quentin said. "The pastor showed us in the Bible that we should be keeping the seventh-day Sabbath on Saturday, not Sunday. This was a new teaching for my wife, who had been raised [in a Sundaykeeping denomination]. She was shocked and became quite upset. I watched as God was answering another part of my prayer."

One time the pastor asked Quentin what he thought about Saturday being the Sabbath. Quentin had largely been quiet during the Bible studies, with Marguerite doing most of the talking and asking the questions. Quentin responded that he had known for years that Saturday was the Sabbath and that he should be keeping it.

"Again, Marguerite was shocked. I told her about my neighbor. We eventually joined the Dartmouth Seventh-day Adventist Church and have kept Saturday as the Sabbath ever since."

Quentin finished: "God answered my prayer on that beach. He took care of me, found me a good

job, and gave me a loving family. I have been blessed."

Five years later, as a pastor and Quentin's son-in-law, I led out at the final celebration of his life. His wife, two daughters, their husbands, all six grandchildren, and one of his four great-grandchildren were present and enjoyed reliving some of their best memories of Granddad. Quentin enjoyed a special and unique relationship with all his grandchildren.

### A Blessed Life

Quentin's story is a humble one of a divinely blessed life. The Lord was his protector and provider and met all his needs beyond expectation. Quentin now awaits the great resurrection morning when he will see his Lord face to face and worship Him eternally.

*This article, featured in the Adventist Review Magazine, was written by Cameron Johnston, a retired pastor from the British Columbia Conference of Seventh-day Adventists, headquartered in Abbotsford, British Columbia, Canada.*



### CALENDAR OF EVENTS 2021 FEBRUARY

- 6 IWILLGO: "Singagrams!" Local Church
- 7 Men and Boys Prayer Service Joint Prayer Meeting
- 8 Weeks to Wellness Starts
- 9 ATCU CHAM Advisory
- 28 ATCU Health Promoters Certification Course
- 12-14 Youth Mission Congress #YMC (Family Island)
- 20 First Quarter Youth Day Local Church CHAM Leaders Consecration Service
- 21 SBC Music Committee Meeting
- 27 Park 'N' Praise (Joint AY)

### MARCH

- 6 IWILLGO: "Drive Thru" Local Church SBC Adventuree (All Adventurers & Parents) Stewardship Day
- 6-8 Camp Kalaqua - Florida Conference
- 7 Digital Youth Evangelists Training Joint Prayer Meeting
- 11 "Let's Move to Live" (Launch)
- 13 Sabbath School Guest (Appreciation Sabbath)
- 14 Elders, Deacons & Deaconesses Mix and Mingle
- 20 Global Youth Day: Share (AM: Local Church) March and Rally (PM: Joint AY) Global Children's Day
- 21 CHAM Leaders Training Session
- 21-27 YOUTH MEGAFEST #YMF (Conference Wide Joint) Adventist Education Emphasis Sabbath (Promote Local Schools)
- 25 Executive Committee Meeting
- 27 Park 'N' Praise (Joint AY) Biblical Symposium & Spirit of Prophecy
- 28 ATCU Health Promoters Certification Course
- 29 Personnel Training/WORD SBC88.3FM 8 Weeks to Wellness Graduation

On February 20, 2021, 4:00p.m. – 5:00p.m., the Inter-American Division of Seventh-day Adventists will host its annual Elder's Certification program. In order for all Elders within the South Bahamas Conference to be knowledgeable about the requirements needed to be certified and how the South Bahamas Conference can assist you with these requirements, there will be ZOOM meeting on Sunday, February 7, 2021 at 10:00a.m. - 11:30a.m. All Pastors and Elders are asked to attend.

**Meeting ID: 920 1306 6428**  
**Passcode: 318869**

-- T. Basil Sturupp,  
Ministerial Secretary, South Bahamas  
Conference of Seventh-day Adventists.



### **BAHAMAS ACADEMY OF SEVENTH DAY ADVENTISTS ENTRANCE EXAMINATION**

Bahamas Academy will hold its Entrance Examination on Sunday, February 28, 2021 at the school located on Marshall Road from 1:00p.m to 3:00p.m. for students wishing to enter Grades 1 to 10.

Application forms are available at the School's Office or at the Conference Headquarters on Tonique Williams-Darling Highway. The application fee is fifty dollars (\$50.00). Application forms should be completed and returned to the school by Friday, February 26, 2021.

For further information, please call telephone number: 461-2100. --School Administration.



### **BIBLE STUDY & SPIRIT OF PROPHECY – SOUTH BAHAMAS CONFERENCE**

Bible Class continues on Sundays at 6:30p.m.  
Meeting ID: 915 5872 2673  
Passcode: 592256

--Lynden Williams, Pastor,  
Bible Studies & Spirit of Prophecy  
Coordinator.



### **CHILDREN & ADOLESCENT MINISTRIES / C.H.A.M DEPARTMENT CONSECRATION SERVICE**

A service of consecration will be held on February 20, 2021 at 4:30p.m. for all leaders in the C.H.A.M Department of our churches along with their assistants and persons working within the department. The service will be held on ZOOM and broadcasted via the Youtube/Facebook pages of the South Bahamas Conference.

Meeting ID: 935 3834 2717  
Passcode: 260617

All are invited to attend.

--Mrs. Lavern A. Sturupp, Children &  
Adolescent Ministries Director.



### **COMMUNICATION DEPARTMENT PRAISE REPORT – WORD SBC 88 3 FM**

This week Thursday we switched the broadcast of WORD SBC 88 3 FM to the new 150ft tower. We are already experiencing improved coverage and the completion of this installation process (including a new transmitter and building) is scheduled to take place in the upcoming weeks. We praise God for His guidance throughout this project and for the faithfulness of His people. Let us continue to work together as we seek to take the gospel to all the world.

**NEW SHOWS FOR**

### **WORD SBC 88 3FM / ATV658**

Persons interested in submitting proposals for new shows to be aired on **WORD SBC 88 3 FM** or **ATV658** can do so by emailing us at: [media1@sbcadventist.org.bs](mailto:media1@sbcadventist.org.bs) or call 341-4021. #I WILLGO

Thanks to those who have already accepted the call to minister for Christ.

--Mrs. Lavern A. Sturupp, Communication  
Director.



### **HEALTH MINISTRIES DEPARTMENT 8 WEEKS TO WELLNESS 2021**

8 Weeks to Wellness program under the theme, 'Wellness - A Matter of Choice' is schedule to begin on Monday, February 8 at 6:00p.m via Zoom. We are inviting the entire church family along with family and friends to be a part of this life changing program. A very small donation is required. If you cannot give a donation, please contact us at 341-4021 or 323-0610, we will find you a sponsor.  
**Zoom Meeting ID: 992 3144 6702**  
**Passcode: 066428.**

For registration visit the South Bahamas Conference website or at the headquarters on Tonique Williams HWY.

-- Mrs. Nathelyn LaCroix, Health Director.

### **The Adventist Health Professionals Association/AHPA Officers for the period of 2021 – 2023 are as follows:**

Ms. Shandra Smith – President  
Dr. Hellen Rolle – Vice President  
Dr. Theora Murray - Secretary  
Ms. Diana Mingo – Assist. Secretary  
Mrs. Agatha Nottage – Treasurer  
Mrs. Donna Moss – Assist. Treasurer  
Mr. Lanardo Rolle – Education Officer  
Dr. Bernadette Rolle – Assistant Education Officer  
Dr. Sanita Belgrave – Public Affairs Officer  
Ms. Charlene Clarke – Assistant Public Affairs Officer  
Mrs. Patricia Cleare – Chaplain  
Mr. Brian Evans – Assistant Chaplain  
Dr. Yashica Seymour – Physician Liaison Officer  
Dr. Junior Joseph – Assistant Physician Liaison Officer  
Ms. Janice Knowles – Nurse Liaison Officer  
Ms. Britney Scott – Assistant Liaison Officer

-- Mrs. Nathelyn LaCroix, Health Director.



### **MEN'S MINISTRIES**

#### **Prayer Service - February 7, 2020**

Adventist Men Prayer Service together with the Prayer Ministries Department of South Bahamas Conference of Seventh-day Adventists. --Elder Curtis Bryan, Men's Ministries Coordinator.



### **WOMEN'S MINISTRIES DEPARTMENT Women's Devotional**

Ladies, do you have a testimony that you wished you could share with the whole world? Maybe it's a scripture that means so much to you that you would like to share why. Do you have a story that you think would inspire your sisters in the faith? Well, here is your opportunity.

The Women's Ministries Department of the South Bahamas Conference of Seventh-day Adventists is pleased to announce the publishing of the first local Women's Devotional, and we are seeking your help in making this become a reality.

Each submission should range between 450 – 500 words, in totality, with a title and a scripture text. Please also note that you may use your name or a Pseudonym, whichever makes you

more comfortable. All stories should be sent to [SBCwomensministries@sbcadventist.org.bs](mailto:SBCwomensministries@sbcadventist.org.bs).

As we embark on this journey together, we ask that you pray for the successful launch of this Devotional and that many lives will be enriched by its readers.

**Entries are coming in and we want to ensure that a space is there for you, so please submit your contribution. Unfortunately, we will be unable to accept any submissions after June 1, 2021.**

### **Information Request**

We are asking all New Leaders to kindly contact Sis. Tanya Miller at the Conference Office with your contact details or email us at the address above.

### **Upcoming Events**

International Women's Day of Prayer – March 6, 2021- **Individual Churches**

### **DONATION REQUEST**

Used, But In

Good Condition Devotionals

Kindly donate to your local Women's Ministries Leader for distribution during our community outreach projects this year.

If you have any questions, comments or suggestions or need additional information on any of our initiatives, kindly email us at [SBCwomensministries@sbcadventist.org.bs](mailto:SBCwomensministries@sbcadventist.org.bs)

--Mrs. Jacqueline Gibson, Women's Ministries  
Director.



### **YOUTH VOICE ANNOUNCEMENTS**

#### **2nd Annual Adventuree 2021**

The SBC Youth Ministries presents  
#BeStrong

A virtual Adventurer Camporee.

Learn how to be Brave & Obedient, find Purpose & Salvation.

Registration Information:

Feb 2- Mar 2, 2021 = \$5.00

Package: Pin, Patch & Art Kit

Register with your club director!

--Pastor Jamal Franklyn, Youth Director.



### **ADVENTIST BURIAL SOCIETY**

The Burial Society will hold its regular monthly meeting on Sunday February 7th, 2021, at 3:00 p.m. at the Grant's Town Church Annex. Please note: We've had four (4) deaths for 2019 and four (4) for 2020. Members are encourage to become financial and persons wishing to join the society are invited to attend. --Elder R. Henry Moncur.

### **Please Email Weekly Announcements**

To: [sbcblogs@gmail.com](mailto:sbcblogs@gmail.com)

Or [logos@sbcadventist.org.bs](mailto:logos@sbcadventist.org.bs)

By Tuesday at 3:00p.m.

Visit the Conference website:

<http://southbahamasconference.org>

for the Logos publication archives & the ATV658 NEWS, as well as weekly programming.



**CALL 341-4021**

**SUN SETS NEXT SABBATH  
February 13, 2021 @ 6:03p.m.**



**Have a Happy Sabbath!**