

LESSON 1
FREEDOM



Life has many burdens. But the heaviest of them all is the guilt which comes from the wrongs we have done. Our hearts long to be free.

1. The Apostle Paul felt desperate! What was his cry?
Romans 7:24. "O _____ man that I am! Who shall _____ me?"
Don't you feel like that sometimes?
2. What is the real cause of these guilt feelings?
Isaiah 59:2. "Your _____ have separated you from God; and your _____ have hid His face from you." The real cause of guilt is sin against God. That's why we all feel guilty for "all have sinned." Romans 3:23

THE EXCHANGE

3. What penalty should you pay for your sins?
Romans 6:23. "The wages of sin is _____." Now that's not the ordinary death. That's eternal death!
4. But what a wonderful exchange was made at Calvary?
Isaiah 53:5. (As you read this text take out the word "our" and put in the word "my")
Christ "was wounded for _____ transgressions; _____ was bruised for _____ iniquities; with _____ stripes, I am healed!" That's the Good News!
On the cross of Calvary, Christ took your death, that you might have His Life! Amazing Grace! Aren't you thankful to Jesus for dying for you?

5. So, how could you get freedom from guilt?
I Corinthians 15:57. "Thanks be to God who gives us _____ through our Lord Christ!"
IMPORTANT: Guilt comes from Sin and the penalty is Death. Since Jesus took that Death penalty, when you accept His Sacrifice you get instant freedom from Sin and Guilt!

THREE STEPS

6. But how do you accept Jesus? What is the first step?
John 3:16 "For God so loved you that He gave Jesus that if you _____ in Him, you'll have _____ life." Do you believe that Jesus died in your place? _____.
7. What is your second step?

Acts 3:19. " _____ ye therefore and be converted that your _____ may be blotted out." To repent means to be sincerely sorry for your sins which cause you guilt; sorry that those sins caused the suffering of Jesus; sorry enough to want to change your way of life. Are you so sorry? _____

8. What is the next step?
1 John 1:9. If you _____ your sins, He'll forgive. Sins must be confessed to God, for only He can give pardon.
9. If you wronged someone, should you also confess to that person?
James 5:16. "Confess your _____ one to _____. Not only should you confess, you should also restore that which can be given back.
Luke 19:8. Zaccheus said; "If I have taken anything from anyone falsely, I _____ him fourfold."
10. When in repentance, you confess to God, what will He do?
Micah 7:19. He will have _____ upon us. He will cast all our _____ into the _____ of the sea!

Friends of mine, it doesn't matter what wrongs you have done; it doesn't matter how terrible your past has been; God stands ready to forgive you - right now! If you will fall on your knees and, in true repentance, confess your sins to Him, He'll pardon you. He'll treat you as if you've never sinned. He'll make you clean, and give new meaning to your life. And because you know He has forgiven you, you can forgive yourself. The result? **FREEDOM!**

- I believe Jesus died for me, and I love Him very dearly.
- I desire pardon for all my past sins, and Freedom from Guilt.
- I have decided to accept Jesus, and give my life to Him, today.
- I will tell Him so in prayer right now.

LESSON 2
A NEW START



"I wish I could start life all over again!" That's the cry of millions - believe it or not: you CAN have a new start!

1. Why is it that you cannot change your life all by yourself?
Psalms 51:5. Because you were shapen in _____ and conceived in _____.
Every person inherits a sinful nature.
2. What must happen if you are to make a new start?
John 3:5. You must be _____ again.
3. What does "born again" really mean?
2 Corinthians 3:18. We all, beholding God's glory are _____. To be born again means to be CHANGED - to start a brand new life-style. That's the **NEW LIFE!** That's **CONVERSION!**
4. Who works this change in you?
2 Corinthians 5:17. If any man be in _____ he becomes new. True, you cannot change yourself but Christ can change you!

THE CHANGE

5. What does Christ change in you?
Ezekiel 36:26. "A new _____ also will I give you." The Bible uses "heart" and "mind" interchangeably.
Romans 12:2. "Be transformed (changed) by the renewing of your _____." God stands ready to change your mind, your brain, your thinking: From evil thoughts to good thoughts; From impure desires to pure desires; From bad words to good words; From wrong actions to right actions; From dirty habits to clean habits. He changes you.
6. What else does Christ change?
Ezekiel 36:27. "And I will put My _____ within you." He takes away the spirit of Satan from your brain and He puts the Spirit of God, called the Holy Spirit, to control your mind.
7. How radical is this conversion?
Galatians 5:19-23. It is a change from evil works of the flesh such as _____ and _____ to works of the Spirit such as _____ and _____. It's a radical change: The thief becomes honest, the liar becomes truthful, the adulterer becomes pure,

the pleasure-lover becomes a Jesus-lover, the drunkard becomes sober. The hypocrite becomes genuine christian.

8. Name some persons whose lives experienced this radical change.
 - (1) Thief became Discipule.
Matthew 9:9. Christ changed _____ from thief to Bible-writer! He can change you!
 - (2) Immoral woman became Evangelist!
John 4:7, 16-18, 28-30. Christ changed the woman of from _____ a life of adultery to a life of purity! He can change you too!
 - (3) Cursing Fisherman became Preacher!
Matthew 26:74,75, Acts 2:14. Christ changed _____ from curser to Preacher! He can change you!
 - (4) Churchman became real Christian!
John 3:13,16. Christ changed _____ from church officer to true disciple. He can change you too.

THE GIFT

9. How can you get this change of life-style?
Psalms 51:10. Just ask for it! Pray, like David did! "Create in me a _____ heart (mind) and renew a right _____ within me." It's a **GIFT**. You can have it right away if you pray.
10. By what other means do you receive this Gift?
1 Peter 1:23. Being born again by the _____ of God. So you get this **GIFT** from Jesus - this **CHANGE** in your life-style - by taking two steps:
 1. PRAYER
 2. BIBLE STUDY
 - I have decided to give my life FULLY to Jesus.
 - I believe He has begun to change my way of life.
 - I will pray and study my Bible every day.

LESSON 3
ENJOY YOURSELF



Everyone, everywhere wants to enjoy himself. There are always two ways: Satan's way and Christ's way.

SATAN'S WAY

1. How did Belshazzar choose to enjoy himself?
Daniel 5:1. He made a great _____ for a thousand lords.
It was a great party, a Big Dance in the Royal Dancehall.
2. What is God's advice?
1 John 2:15. Love not the _____ neither the _____ of the world. If you love the world, you don't love the _____.
Leave the Dancehall and the Devil's parties with their Satanic music and sex appeal.
3. At this party with what were they intoxicated?
Daniel 5:2. While the king tasted the _____, he desecrated the sacred vessels in his drunkenness. Under the influence of alcohol people make foolish and fatal decisions.
4. What is God's warning?
1 Peter 5:8. Be _____ be _____ Satan is after you.
5. Who accompanied the lords at this exotic dance?
Daniel 5:3. The king with his princes, his _____ and his _____.
This was an adulterous affair - men interacting with women to whom they were not married.
6. What is God's command?
Exodus 20:14. "Thou shalt not commit _____."
Hebrews 13:4. "Marriage is _____ and the bed _____."
Avoid all pre-marital sex. Reject all extra-marital encounters. End all "common-law" partnerships--get married or end the affair! Sexual relations are for married couples only.
7. What gods did the drunken men and women worship?
Daniel 5:4. They praised gods of _____ and _____.
8. What does God tell men about gold?
James 5:2, 3 Your _____ are corrupted, your _____ and silver are cankered.
Don't let gold be your god.

9. What does God tell women about gold?
1 Peter 3:3, 4. The adornment should not be the wearing of _____ or gaudy clothing but the adornment of a _____ and quiet spirit.
Isaiah 3:18-24. Put away the tinkling _____ such as bracelets, earrings, and _____.
Don't let gold be your God.

10. What movie did the doomed king see?
Daniel 5:5. Fingers of a man's _____ writing on the _____. It was a terrifying thriller!
11. What is the Divine advice?
Exodus 33:15. If God's presence goes not with you, Don't go!
Philippians 4:8. Think on things that are _____ and _____.

CHRIST'S WAY

12. There was another feast. Whose celebration was it?
John 2:2. There was a _____ in Cana, and both _____ and His disciples were invited.
Jesus attended that party as a Special Guest. Christ wants you to enjoy yourself - His way.
13. Women were there! Who were they?
John 2:1. A pure young woman, the bride; and a pure old woman, the _____ of Jesus.
14. Wine was there. Who made it?
John 2:7-9. _____ turned the water into _____.
He turned their sorrow into joy; their sadness to gladness.

WHICH WAY

15. There are two ways to enjoy yourself.
Matthew 7:13,14. The _____ way of Satan, which leads to _____, and the _____ ways of Jesus, which leads to _____.
Which way do you choose?
 I believe in Jesus Christ, the Way.
 I reject Satan and his sinful way of Death.
 I accept Jesus and His righteous way of life.

LESSON 4
NEW WORLD COMING



Thinking people everywhere are concerned about the end of this old world. The good news is: there's a new world coming!

1. Jesus made a precious promise. What is it?
John 14:1-3. I will _____ again. The signs today (Matthew 24 and Luke 21) say that His coming is very near.

MANNER

2. This return of Jesus: will it be a secret rapture or will every person on earth see Him?
Matthew 24:27. It will be as visible as the _____!
Revelation 1:7. Behold! _____ eye shall _____ Him! It is NOT a secret, spiritual Coming; but a real, visible appearing in the clouds of heaven!
Every eye shall see Him! Wouldn't you like to see Him? _____

3. How many will hear Him?
Matthew 24:30,31. The great _____ of a trumpet! All will hear!
1 Thessalonians 4:16. Even the dead shall hear and shall _____!

SECOND COMING

4. At His glorious appearing, what will happen to the dead in Christ?
1 Thessalonians 4:16. For the Lord _____ shall _____ from heaven with a shout, the _____ in Christ shall _____ first. All righteous deed from Adam to the last mortal - will rise again! What a great meeting that will be!
5. What will become of the righteous persons who live to see Him return?
1 Corinthians 15:51. They will be _____ in a moment!
1 Thessalonians 4:17. They will be _____ up together, to meet the Lord in the _____.
All righteous - whether they had died or are still living - are then ready for the space trip to heaven! Isn't that the group in which you wish to be?
6. Meanwhile, what will become of the unrepentant persons who have lived to see Jesus return to earth?
2 Thessalonians 2:8. They will be _____ with the brightness of His coming. Instant Death! So all unrepentant persons will then be dead! I'm sure that's not the group in which you wish to be!

7. What then will become of Satan?
Revelation 20:1-3. He will be _____ for one _____ years! He'll be bound with a chain of circumstances. He has nobody to tempt: the righteous are all in heaven - alive; The wicked are all on earth - dead. That will be Satan's awful thousand-year vacation! This period is called the Millennium.
8. Meanwhile, the redeemed will be having their Vacation in heaven! How long will it last?
Revelation 20:4. I saw _____ the saved persons lived and _____ with Christ a _____ years.
So while the wicked remain dead the redeemed are having a vacation of life, reigning with Jesus! Where will you spend your vacation? _____. But heaven is not to be our home forever. Matthew 5:5. The saved must inherit _____.

DEATH OR LIFE?

9. At the close of the thousand years, Christ and the redeemed will begin the space trip back to earth! (Rev. 21:2) What will then happen to the dead?
Revelation 20:5. The rest of the _____ will then _____ again.
This is the Resurrection of the wicked! What a terrible scene that will be! All unrepentant sinners from Cain the first murderer down to earth's last rebel will stand before God!
10. What will be the final outcome of Satan and his people?
Revelation 20:7-9. He is _____ out of his prison! He has people to tempt! He will go out to _____ the nations, to gather them to _____ against Christ and the redeemed who are in the beloved _____!
Revelation 20:9,14,15. They will be destroyed by _____. That's eternal Death! That fire purifies Planet Earth (2 Peter 3:10)
11. What will be the joyous experience of Christ and the redeemed?
Revelation 21:1-4. A new heaven and a new _____! God will wipe away all _____. No more _____. Only life! Eternal life!
12. Life's Biggest Question: Whose side are YOU on - Christ's or Satan's? What is your choice? _____
 - I believe Jesus is coming back soon.
 - I reject Satan and the evil life ending in Eternal Death.
 - I accept Jesus and New Life, and everlasting Life.

LESSON 5 RESTING IN JESUS



In this world of restlessness, Jesus' Words sound like music, "Come unto Me, and I will give you rest."

DAY OF REST

1. At creation which was God's day of rest?
Genesis 2:1-3. On the _____ day, God ended His work; He _____ on the seventh day.
2. Therefore, which should be our day of rest?
Exodus 20:8-11. "Remember the _____ day to keep it holy." The day is the Sabbath.
3. Was the Sabbath for the Jews or for all mankind?
Mark 2:27, 28. "The Sabbath was made for _____." It was not made at Sinai for Moses and the Jews; It was made in Eden for Adam and the whole human race.
4. How complete should be the Sabbath Rest?
Exodus 20:10. "Thou shalt not do any _____."
Isaiah 58:13, 14. Refrain from finding your own _____ or even speaking your own _____. Forget about the job, school, business, cares and problems. Give your mind a weekly holiday.

WHICH DAY?

5. Which day of our week is God's Seventh day?
Answer: Let us examine the Easter Week-end.
Crucifixion Day: We call it Good Friday
Luke 23:54. Bible calls it the _____ day.
Rest day: We call it Saturday.
Luke 23:56. Bible calls it the _____ day.
Resurrection Day: we call it Easter Sunday.
Luke 24:1. Bible calls it _____ day of the week.
God's Sabbath is the day between Christ's crucifixion and His Resurrection.
6. When does the Sabbath begin and end?
Genesis 1:5. The _____ comes before the morning.
Mark 1:32. Evening starts when the sun _____. Each day begins at evening, and evening starts at sunset. So Sabbath starts Friday sunset and ends at Saturday sunset.

HOW TO REST

7. How should the Sabbath be kept?
 - (1) Friday is the Preparation day. All marketing, shopping, housecleaning, washing, ironing, baking and food preparation (as much as possible) should be completed on that day. However, food can be completed or heated on the Sabbath day. (Mark 15:42)
 - (2) After a bath and clothing change, begin the Sabbath with family or personal worship. Begin and close each Sabbath with song, Bible study and prayer. (Psalms 92:1,2)
 - (3) On Christ's day leave your "own ways". Rest from the job, school, and business transactions. Put away radio and television programmes, secular - books and magazines, and newspapers. You also leave your "own pleasure". Rest from all games and other social activities. (Isaiah 58:13).
 - (4) True Sabbath keeping also involves not speaking your "own WORDS" or thinking your "own THOUGHTS." These should be of Jesus. (Isaiah 58:13)
 - (5) Instead, spend time with your family; study God's nature; visit the sick, needy and lonely, and study the Bible with others.
 - (6) Sickness or acute emergency should be taken care of on the Sabbath. (Matthew 12:10-13)
 - (7) It is a day for worship. Go to church and praise God. (Acts 18:4)

RESTING IN JESUS

8. Jesus gives rest. Did He rest on the Sabbath?
Luke 4:16. As His _____ was, He worshipped on the _____ day.
9. When Jesus gives you rest from sin, you experience His Rest of the Sabbath.
Hebrews 4:3, 4, 10. We who believe enter into Christ's _____ and so rest on the day.
The Rest of the Sabbath is a sign of the Rest from sin and the Rest in our Saviour.
 - I believe that Saturday, the seventh day, is God's day of Rest.
 - I will rest on Christ's Sabbath.
 - I will rest in Christ's Salvation.

LESSON 6
THE BIG QUESTION



One of our Big Questions today is: Who changed Christ's Sabbath from Saturday to Sunday?

THE QUESTION

1. Did God the Father change the Sabbath from the seventh to the first day?
Malachi 3:6. "I am the Lord, I _____ not." So God the Father didn't change it!
2. Did Jesus Christ the Son change it?
Matthew 5:17,18. "Do not think that I am come to destroy the _____ or the _____. I am come NOT to _____ but to fulfill" (or do what it says).
Luke 4:16. The _____ of Jesus was to keep the Sabbath. So Christ the SON wouldn't change it!
3. Did Christ's disciples change it?
Luke 23:56. After Christ's death, the disciples _____ on the Sabbath according to the _____.
John 20:19. On the Resurrection Sunday they did assemble. Why? It was NOT for worship, but for _____ of the Jews. So the Disciples couldn't change it!
4. Did the Apostle Paul change it?
Acts 20:7. He held one Sunday meeting. But it was a FAREWELL meeting, for he was ready to _____ on the _____.
1 Corinthians 16:2. Once he called for a Jerusalem donation. Each person was to lay by _____ in store (that is, put aside AT HOME), that there be _____ gatherings when he came. Rather than change it, the Apostle Paul kept EVERY Sabbath!
Acts 17:2. Paul, as his _____ went to church and preached three _____ days. The Son Wouldn't! The Apostles Couldn't! Who did it?

THE ANSWER

5. In ancient times the heathen worshipped the sun. When Israel became apostate, they followed the pagans in sun worship.
2 Kings 23:5,11. They burnt incense to the sun and dedicated horses and chariots to the _____. In Greco-Roman times, the day dedicated to the sun was named Sunday.
6. How did Sunday Worship grow within the Early Christian Church?
ANSWER: After Christ's Resurrection, some Christians began observing a first day festival in addition to the seventh day Sabbath. In the fourth century, Emperor Constantine embraced the Christian Faith mixing Paganism with Christianity. He

enjoined the worship of the Christian's Christ, The SON, on the heathen day of the SUN. He issued the first Sunday law, March 7, 321 AD. In the fifth century when the Emperor of Rome disappeared, the Pontiff of Rome appeared and reinforced Sunday observance. During succeeding centuries, the Church of Rome consolidated Sunday Worship.

7. Do Roman Catholic authorities admit responsibility?

(1) "Question: What day was the Sabbath?

Answer: Saturday.

(2) Question: Who changed it?

Answer: The Catholic Church."

Rev. Dr. Butler, Catechism. Revised, p.57.

THE ISSUE

8. In Revelation, Rome is pictured as a Beast enforcing its mark of Sunday worship upon all men.
Revelation 13:8, 16. People will worship it and receive its _____ in their hand (action) and _____ (decision).
9. Revelation 5:6. But Christ is pictured as a _____.
Revelation 7:3. He has a seal.
Ezekiel 20:12. Christ's seal or sign is the _____.
10. The Issue is: Will you worship the Beast, Rome, on the first day, OR will you worship, the Lamb, Jesus, on the seventh day?
 I believe in the Lamb.
 I reject Rome, the Beast, and worship on his First day.
 I accept Christ, the Lamb, and worship on His Sabbath Day.

LESSON 7
JOINED TOGETHER



1. What question did the jailer ask and what answer did Paul give?
Acts 16:30, 31. "Sirs, what must I _____ to be saved?" " _____ on the Lord Jesus Christ."
2. What question did a ruler ask and what answer did Jesus give?
Matthew 19:16, 17. "Master what shall I _____ to have eternal life?"
"Keep the _____."
Which answer is right? Do Law and Grace agree or disagree?

LAW OF JESUS

3. Let us examine this Law of Christ:
 1. Exodus 20:3. Have no other _____. Love nothing above God.
 2. Exodus 20:4-6. Make and worship no graven _____.
 3. Exodus 20:7. Respect God's _____. Use it Reverently.
 4. Exodus 20:8-11. Worship God on the _____ day.
 5. Exodus 20:12. Honour _____ and _____. Love them.
 6. Exodus 20:13. Do not _____ by deed, word or thought.
 7. Exodus 20:14. Do not commit _____. Sex is for marriage.
 8. Exodus 20:15. Do not _____ God and men.
 9. Exodus 20:16. Do not bear _____ witness, speak the truth.
 10. Exodus 20:17. Do not _____. Be contented.Most people accept nine, but reject one - the fourth. Why?

NOT NAILED TO THE CROSS

4. Some say the Sabbath was nailed to the cross. Some sabbaths were abolished at Calvary, which were they?
Colossians 2:16, 17. Let no man judge you in meat, drink, new moon or _____ days, which are a _____ of things to come, but the body is of _____.
5. Before Christ the Body came, the ceremonial system was His shadow.
Leviticus 4:32-35. A sinner brought a _____, confessed his sins, and _____ the animal.
The priest officiated with the blood and the sinner was as forgiven. In that system there were certain yearly holidays (holy days) as the Day of Atonement, Passover and Pentecost (See Leviticus 23). These occurred ONCE a year like our Christmas or Easter. They were called sabbaths.
Leviticus 23:27, 32. The yearly Day of _____ was to be a sabbath of _____.

6. When Jesus died, what happened to this ceremonial law?
Colossians 2:14. It was nailed to His _____.
NO more lamb, for Christ is the Lamb! No more altar, for Calvary is the Altar!
NO more priest, for Christ is Priest! NO more candlestick, for Christ is the Light!
No more yearly sabbaths like the Passover, for Christ is our Passover!
The Ceremonial Law with the yearly sabbaths was abolished, but the Moral Law (*Ten Commandments*) with the weekly Sabbath stands forever!

ALL OR NONE

7. What "All or None" principle does the Scripture teach?
James 2:10,11. He who says, "Do not commit _____" is also saying, "Do not _____."
So if I accept one, I must accept all ten. If I reject one, I reject all ten!
8. Is "Thou shalt not steal" still valid? _____
Is "Thou shalt not commit adultery" still true? _____
Is "Remember the Sabbath day" still binding? _____

SAVED BY GRACE

9. Some say: Since we are saved by grace, we need no law. How only are men saved?
Galatians 3:10. Those of the works of the law are under a _____.
Ephesians 2:8, 9. "For by _____ are ye saved through faith."
10. When saved by the grace of Jesus do I obey the law of Jesus?
Romans 3:31. Yes, we _____ the law.
Hebrews 8:10. "I will put my laws into their _____ and _____ them in their _____."
The thief becomes honest, for Christ has written on his heart, "Thou shalt not steal." The adulterer becomes pure for Christ has written on his mind, "Thou shalt not commit adultery."
The Sabbath-breaker becomes a Sabbath keeper, for Christ has written on his brain, "Remember the Sabbath day and keep it holy." So Law and Grace are united in Christ. And "what God hath joined together let no man put asunder!"
 - I Accept the grace of Jesus.
 - I Accept the Law of Jesus.
 - I Accept the Sabbath of Jesus.

LESSON 8
HEALTH AND HAPPINESS



1. What is God's wish for you?
3 John 1:2. He wishes that you be in _____, prospering both physically and spiritually. What a caring God He is!
2. To stay healthy, He has given a three-fold guideline.
1 Corinthians 10:31. Whether you _____ or _____ or whatever you _____, do all to the glory of _____.

FOOD

3. In the beginning what ideal diet did God give man?
Genesis 1:29. Every _____ bearing seed; every tree on which is the _____; this is your food.
4. God pronounced certain creatures unclean. What are the identifying marks of clean land animals?
Leviticus 11:3. "They _____ the hoof and _____ the cud."
So, for example, the cow and sheep are clean.
5. What animal loved by man is hated by God?
Leviticus 11:7. The _____ which divides the hoof but does _____ chew the cud; he is _____.
The pig is a transmitter of *Trichinosis*.
6. What are the identification marks of edible water creatures?
Leviticus 11:9. They must have _____ and _____.
Fishes without scales as the whale, shark and catfish are unclean. Creatures with shells as crab, lobster, oyster, shrimp and turtle are not approved by God.
7. What symbol of life should not be used?
Leviticus 17:11, 12. "No soul shall eat _____ for the life is in the blood."
So black-pudding and other foods made with blood are prohibited by our Creator.

DRINK

8. What has God provided for drink?
Matthew 26:29. Drink the _____ of the vine. The juice of the fruit is God's provision.
Numbers 20:11. The _____ came out and the congregation _____.

Thank God for Water! Drink six to eight glasses every day.

9. What has Satan invented to destroy man?
Proverbs 20:1. " _____ is a mocker; _____ drink is raging?
Alcohol is a killer. It impairs the stomach, heart, liver and brain. All Alcoholic Beverages: Beer, Stout, Gin, Ale, Whiskey, etc. are damaging to health. Tea, Coffee and Cola drinks are stimulants and they too are unhealthy.
10. Satan has invented another health hazard. What is it?
ANSWER: Tobacco - a slow and deadly poison. It damages the arteries, nerves, heart and lungs. Other weeds also, like Marijuana, ruin the body and the mind. Every puff is a breath of death! God wants you to have the Breath of Life!

HAPPINESS

11. How important is it to be happy?
Proverbs 17:22. "A _____ heart does good like a _____."
Many of today's sick bodies are the result of troubled minds. A happy mind fosters a healthy body.
12. With so many problems today, how can you have peace of mind?
Isaiah 26:3, 4. Perfect peace comes when the _____ is stayed on God and _____ in God.

REASONS

13. What is the first reason for obeying these guidelines?
Isaiah 58:8. "Thine _____ shall spring forth speedily."
14. What is a second and greater reason for caring for your body?
1 Corinthians 6:19,20. Your body is not your _____. "You are bought with a _____." And what's the price?
1 Peter 1:18, 19. You are redeemed with the precious blood of Christ.
15. What is the third reason for obeying God's health laws?
1 Corinthians 3:16, 17. Christ wants your body to be the _____ of God that He may _____ in you.

- I believe my body is the temple of God.
- I promise to obey God's Laws of Health in what I eat and drink, and whatever I do

LESSON 9
STRETCHING THE DOLLAR



In these days of financial distress, everyone is trying to stretch the dollar.

1. In a time of famine, Elijah told the poor widow how to stretch her final meal. What was the secret formula?
1 Kings 17:12-15. Make God's prophet a little cake _____ and afterward make for _____ and thy son, the meal shall not waste, and the little oil shall not _____.
And they did eat _____ days.
God is still a God of miracles! In times of need He'll take care. But you must follow the formula: Give Him His portion FIRST - no matter how little you have!"
2. How much is God's portion?
Leviticus 27:30. All the _____ of the land. The Tithe! How much is that?
Leviticus 27:32. "The _____ shall be holy unto the Lord."
So if you earn ten dollars, one dollar belongs to God, and nine are left with you. That one-tenth is called the Tithe. Now to the human eye, this looks like Loss, but really it is Gain! The widow discovered that! And so can you! When you subtract and give God His, He adds to yours! When you divide and give Him His, He multiplies yours!
3. What important lesson does God teach through the Tithe?
Haggai 2:8. The _____ and the _____ is the Lord's!
1 Corinthians 4:2. You are a _____ and should be faithful.
All you have and earn is God's, not yours. You simply hold it in trust, and must give account. In returning your Tithe, you are acknowledging His ownership and your stewardship.
4. How should the Tithe be used?
Numbers 18:20,21, 24. In Old Testament times, the priests were to have no inheritance; _____ the of the Israelites was their inheritance.
1 Corinthians 9:13,14. In New Testament times the principle is the same.
Those who preach the _____ should give full-time service, and be remunerated from the Tithe.
5. Did Jesus approve Tithe paying?
Matthew 23:23. He condemned the Pharisees for upholding Tithe and destroying Faith. He said BOTH of these should be _____. You cannot be saved by paying Tithe. You're saved by Faith in Christ! When you are saved by the Blood of Jesus, you will obey the Law of Jesus which says, "Thou shalt not steal" — from man or God!

6. What other token of love should you give?
Psalms 96:8. Bring an _____ and enter His courts.
7. What will be your unhappy experience if you withhold your Tithe and offerings?
Malachi 3:8, 9. You will _____ God, and will receive a _____.
Matthew 25:30 As an unfaithful steward you will be cast into outer _____. And I know you don't want that!
8. What will be your happy experience when you return your Tithe and offerings?
Malachi 3:10. God will open the windows of _____ and pour out so much _____ there wont be _____ enough to receive it!
Isn't this what you want? When God S - T - R - E - T - C - H - E - S your dollar, it is well stretched!
Matthew 25:21. And as a faithful steward you'll be told: "Well done! good and _____ servant, enter the _____ of thy Lord."
9. Who is the Greatest Giver and Who is the Greatest Gift?
John 3:16. _____ so loved, He _____ His Son!
2 Corinthians 9:15. Thanks be to _____ for His Unspeakable Gift. O Calvary's Christ! God's Greatest Gift!
10. In response to His Greatest Gift, what should be your greatest gift?
2 Corinthians 8:5. But _____ they gave their own _____ to the Lord.
 I am thankful for Jesus, God's Greatest Gift.
 I now surrender my whole life afresh to my Lord.
 I believe in Tithing and I will return my Tithe and offerings to my loving Saviour.

LESSON 10
HERE IS WATER



Water is a need of life — physical life and spiritual life.

NECESSITY

1. What did Jesus say about the necessity of water?
John 3:5. "Except you be born of _____ and of the _____ you _____ enter the kingdom of God."
To be born of the Spirit is **CONVERSION**. To be born of water is **BAPTISM**.
Conversion **INSIDE**; Baptism **OUTSIDE**.
Mark 16:16. "He that _____ and is _____ shall be _____."
2. What is the three-fold meaning of Baptism?
Romans 6:3,4. Baptized into the _____; we are _____ with Him; as Christ was _____ up, so we should walk in _____ of life.
Baptism typifies Christ's Death, Burial and Resurrection. It symbolizes the Believer's Death to sin, Burial of the old life, and Resurrection to a New Life in Christ. Babies, therefore, cannot be rightly baptized. The believer should be old enough to experience Conversion inside before Baptism outside.
3. What, therefore, is the Bible method of Baptism?
Acts 8:38,39. They went _____ both _____ the water, and they came _____ out of the _____. Baptism must be by **IMMERSION** -being covered with water.
4. The eunuch was anxious. What question did he ask?
Acts 8:36. "See, here is _____! What doth _____ me to be _____?"
Some people are not anxious. They allow things and other people to hinder them. Let us examine some hindrances.

HINDRANCES

5. When husband or wife hinders baptism, what does Jesus say?
Matthew 10:34-39. It wouldn't be always peace, but a _____. But even if you lose your life, you'll _____ it.
Acts 5:29. You ought to obey _____ rather than _____.
6. When parents hinder, what does God promise?
Psalms 27:10. When parents forsake, the _____ provides.

7. When the job hinders baptism, what does Jesus promise?
Matthew 6:31-33. Take no anxious thought. Seek _____ the kingdom of God, and all these things shall be _____.
8. When popularity hinders, what does Christ point out?
Matthew 7:13, 14. On the broad way to destruction _____ go in, but the narrow way to life _____ even find it.
9. When tradition hinders what does your Lord say?
Acts 17:30. When people were ignorant, God _____ but now He commands _____ men to _____.
10. When the church hinders your baptism what does Jesus say?
Mark 7:7. "In _____ do they worship Me, teaching for doctrine the commandments of _____."
11. When delay hinders your baptism what does Christ say?
2 Corinthians 6:2. "Behold _____ is the day of Salvation"
Hebrews 3:7, 8. " _____ if you hear My voice, _____ not your Heart"

EXAMPLES

12. At Pentecost how urgently were believers baptized?
Acts 2:41. They who received the Word were _____ on the _____ day. Don't delay!
 13. When the jailor became a believer, how urgently was he baptized?
Acts 16:31, 33. The _____ hour of the _____ he washed their stripes and was _____, he and his family.
 14. Jesus did not need baptism, but what example did He leave for you?
Matthew 3:13-17. And Jesus, when He was _____, saw the Spirit of God like a _____, and heard a voice saying, "I am well pleased."
"I will follow Thee my Saviour wheresoe'er my lot may be, Where Thou goest I will follow, yes, my Lord, I'll follow Thee."
- I believe in believer's baptism.
 I will follow Jesus into the water right away.

LESSON 11
THE REMNANT



1. In these last days, Christ is calling His people out of the world into His Remnant Church. What is His call?

Revelation 18:4. " _____ out of her, _____ people."

IDENTIFICATION

2. What are some identifying marks of His people?
- (1) Rev 14:6. They believe the everlasting _____.
 - (2) Rev 14:6. They preach to every _____ on earth.
 - (3) Rev 14:7. They teach that now is the hour of His _____.
 - (4) Rev 14:7. They call people to _____ Him who made heaven and earth in six days and rested on the Seventh.
 - (5) Rev 14:8. They speak against _____ which is fallen.
 - (6) Rev 14:9. They warn against worshipping the _____ (Rome) and receiving his _____ (Sunday observance). (*See Lesson 6*)
 - (7) Rev 14:12. They keep the _____ of God.
 - (8) Rev 14:12. They have _____ in Jesus their Saviour.
3. Can you identify this people?
ANSWER: One people meet these qualifications. They are the Seventh-day Adventists. They are not perfect but they bear the marks of the Remnant.
4. Name another important mark of God's Remnant
Rev. 12:17. They have the _____ of Jesus.
Rev. 19:10. The Testimony of Jesus is the Spirit of _____. The Holy Spirit gives prophecy through the prophet. So the Remnant Church must have a prophet.

5. Who fulfilled the office of prophet.
ANSWER: Ellen G. White (nee Harmon). She was born November 26, 1827, and died July 16, 1915. This frail youth, who because of illness did not even complete elementary school, was called to prophetic office in 1844 at the age of seventeen. For the next seventy years she ministered on three continents.
Receiving God's message in vision (as olden prophets did) she wrote them (as they have done). She penned over 100,000 pages! Her dozens of books cover Religion, Health, Education and Home, and include such masterpieces as: The Desire of Ages, The Great Controversy, and Steps to Christ. Her writings constitute a valuable inspired commentary on Sacred Scripture.

6. Does Christ have honest people in different churches today?
John 10:14, 16. Yes! He has _____ sheep not yet in this fold. But they hear His _____. There will be fold _____. Do you hear His voice? Will you enter His fold? _____

BAPTISM

7. How do you enter this fold?
1 Corinthians 12:13. You are _____ into _____ body (Church).
Baptism is the door to Christ's Remnant Church.
8. When Paul met Jesus, saw truth and realized that all his years he was worshipping the wrong way, what important question did he ask?
Acts 9:6. "Lord, what wilt Thou have me to _____?"
9. What did Jesus tell him to do?
Acts 22:16. "Why _____ thou? Arise and be _____!" Today Christ asks you the same question: Why tarriest thou? Then He commands: Arise and be baptized!
10. How promptly did Saul obey?
Acts 9:18. He arose and was _____!
He became a great leader of Christ's true Church.
- I believe that the Seventh-day Adventist Church is Christ's Remnant Church.
 I have decided to be baptized into Christ and into His Church.

LESSON 12
THE SACRIFICE



1. One day soon, Christ is coming for His saints. Who are they?
Psalms 50:5. Those that make a covenant by _____.

OLD MAN'S SACRIFICE

2. The old man Abraham is an example in sacrifice. What difficult command did God give him?
Genesis 22:2. Take thine _____ Isaac whom thou _____ and offer him as a _____ offering upon a mountain.
3. How important was this child to Abraham?
Genesis 22:2. He was his ONLY son.
Genesis 12:2, 3. He was to be father of a great _____ and through him, Jesus would be born.
How then could God ask him for such a sacrifice?
4. Day by day, night by night God has been calling you to sacrifice sinful habits, worldly pleasures, Sunday worship, immoral relationships. Are you willing to make a sacrifice? He has been inviting you to accept the Grace of Jesus, the Law of Jesus and the Baptism of Jesus. What is your choice?
5. The old man woke his son but did not explain the sacrifice. He left home without telling his wife, lest she should try to prevent him.
Genesis 22:4. On the _____ day, they reached Mount Moriah, For two days Abraham battled with that decision. For two nights he cried in earnest prayer. Then his son asked the question.
Genesis 22:7. Here is fire and wood. but where is the _____?

YOUNG MAN'S SACRIFICE

6. When at last the old man explained the sacrifice to the young man, what was the youth's response?
Genesis 22:9. Abraham _____ Isaac and laid him on the altar.
Abraham was 120 years old and Isaac 20 years of age. The father could have bound the son ONLY because the son was willing to be bound! Here was a youth facing a great future, awaiting his father's wealth, preparing for marriage. Suddenly he was asked to sacrifice his life! But he made a willing sacrifice—not only of life's pleasures and possessions but of life itself. Are you ready to make such a sacrifice?

7. Then the last farewell words were spoken. The last loving embrace was given. The last tender tears were shed. The sacrifice was ready. The surrender was complete. The knife was raised. Suddenly, a voice shouted from heaven:
Genesis 22:11, 12. "Abraham! Lay not your _____ up on the lad! Now I know that you honour God seeing you have not _____ your only son from Me."

CHRIST'S SACRIFICE

8. God did provide Himself lamb! Where was it, and what was done unto it?
Genesis 22:13. A ram was caught in a _____. Abraham offered it in the _____ (place) of his son.
9. What Great lesson was God teaching?
Romans 6: 23. Like Isaac, you were bound to die.
John 3:16. But God provided Jesus to die in your "stead".
Isaiah 53:5. He was wounded for _____ transgressions.
John 1:29. He, the Lamb of God, died on the altar of Calvary. As He cried on Calvary's altar, no voice said "STOP"! No hand was held from taking that life. He made the supreme sacrifice. He made the supreme surrender. As you view His precious sacrifice, do you really love Him for making this surrender? _____

MY SACRIFICE

10. As you close this course, what does Jesus ask of you?
Romans 12:1. Present yourself a living _____ to God.
Today, God requires you to accept the Blood of Jesus, the Sabbath of Jesus and the Baptism of Jesus. This means sacrifice. What is your sacrifice? Is it friends or family? Is it job or possession? Is it popularity or pleasure? Is it a church or tradition? Is it a man or a woman in your life? What is it? When you look at Calvary and Christ's sacrifice for you, is any sacrifice too big for you to make for Him?

- I Accept the Blood of Jesus.
 I Accept the Sabbath of Jesus.
 I Accept the Baptism of Jesus.

I have completed the following lesson:

- Lesson 1
- Lesson 2
- Lesson 3
- Lesson 4

- Lesson 5
- Lesson 6
- Lesson 7
- Lesson 8

- Lesson 9
- Lesson 10
- Lesson 11
- Lesson 12



Notes