



Dealing With Disappointments



Greetings, friends! I hope that you have had a blessed week, sensing the Lord's presence with you as you have connected with Him day-by-day. As I am sure you know, the Christian walk is not always easy. While there are days when our hearts are full of joy, there are other times when life brings its challenges, and we are not sure what to do. Disappointments come. Promises are broken. Unwise decisions made. Friends become enemies. Families break up. Churches split. Sometimes situations need to change but you feel powerless to make any difference.

Yet, there is good news! As followers of Christ, there is a lot we can do! Today, I would like to share with you seven action items that you and I can take to bring about significant change.

1. We can pray. In James 5:16 we read "The effective, fervent prayer of a righteous man avails much."

Prayer is so powerful that at one time it brought the angel Gabriel down from heaven to work with the Prince of Persia. And when he was unable to change the situation after masterfully working for three weeks, it brought Jesus, Himself to change the situation. You can read about it in the book of Daniel, chapter 10. If the Lord heard Daniel's prayer, He will hear your prayer, too.

2. We can be faithful. That is so powerful, that it "subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens." You can read more about it in Hebrews chapter 11, where you will find a "great cloud of witnesses." Truly, no one has ever regretted being faithful to God, through the power of His grace!

3. We can do good. The Bible tells us very clearly in Romans 12:21, "Do not be overcome by evil, but overcome evil with good." In fact, the entire chapter of Romans 12 is filled with godly wisdom and counsel on how to deal with difficult circumstances. I strongly encourage you to read it today!

4. We can love. In 2 Timothy 1:7 we read, "For God has not given us a spirit of fear, but of power and of love and of a sound mind." Notice the wonderful promise here—God Himself gives us love, and power, and a sound mind!

"Love is power," writes Ellen White in Testimonies for the Church, vol. 2. "Intellectual and moral strength are involved in this principle and cannot be separated from it. The power of wealth has a tendency to corrupt and destroy; the power of force is strong to do hurt; but the excellence and value of pure love consist in its efficiency to do good, and to do nothing else than good. Whatsoever is done out of pure love, be it ever so little or contemptible in the sight of men, is wholly fruitful" (p. 135).

5. We can study the Bible, accepting it as the true Word of God. "Thy Word is a lamp unto my feet, and a light unto my path," we read in Psalm 119:105. Inspiration tells us, "If we would not build our hopes of heaven upon a false foundation, we must accept the Bible as it reads and believe that the Lord means what He says" (Testimonies for the Church, vol. 5, p. 171).

6. We can uplift Jesus. First Corinthians 1:18 tells us, "For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God." Let's look for ways every day to uplift Jesus in our own lives, and to others.

7. We can wait on the Lord. The Psalmist tells us in Psalm 27, "I would have lost heart, unless I had believed that I would see the goodness of the Lord in the land of the living. Wait on the Lord; be of good courage, and He shall strengthen your heart; Wait, I say, on the Lord!" (verses 13, 14).

So, dear friends, when we are connected to Jesus, we are never truly helpless, and no circumstance is truly hopeless. We can always pray. We can be faithful through God's grace. We can do good. We can love. We can study the Bible, and uplift Jesus. And, we can wait on the Lord.

Let me pray with you right now:

Father in Heaven, we thank you that we have the Word of God. That we have promises that help us to be lifted to the throne room of heaven. We thank you that we can pray, that we can encourage others and admonish them in the word of the Lord. We thank you that we can bring hope to people through our actions, that we can be kind and faithful in all that we do. Now, Lord, there may be someone here who was full of discouragement and hurt. Bring them into your presence and encourage them and help each one of us to know how to meet difficult circumstances and maintain our faith in you.

Thank you for hearing us in Jesus' name we ask it. Amen.

Message written by: Ted N.C. Wilson, President of the global Seventh-day Adventist Church.



FROM THE EDITOR

Are you interested in writing the lead article for the Logos?

Please send an email to

lsturupp@sbcadventist.org.bs



CALENDAR OF EVENTS SEPTEMBER

- 17 World Pathfinder Day
- 17 Park & Preach (Joint AY):
Pathfinder Rally
- 18 SBC Music Committee Meeting
- 23 Fathers Take Your Children to
School Day
- 24 Monthly Baptism
- 29 Dedication – WORD SBC88.3FM
Tower & Transmitter Building



Notice of the Sixth Quadrennial Session of the South Bahamas Conference

Notice is hereby given that the Sixth Quadrennial Session of the South Bahamas Conference of Seventh-day Adventists will convene at the **Hillview Seventh-day Adventist Church, #134 Tonique Williams-Darling Highway, Nassau, New Providence,**

The Bahamas on Sunday, November 13, 2022, and Monday, November 14, 2022.

Online registration will commence at **10:00 a.m. via the Conference's website on Monday, October 31, 2022, and will continue until 12:00 noon on Friday, November 11, 2022.**

This session is called to:

1. Receive reports from the officers, departmental directors, and auditor.
2. Elect officers, departmental directors, and executive committee members for the next quadrennium.
3. Elect officers of the South Bahamas Conference Corporation.
4. Consider and vote on proposed amendments to the Constitution and Bylaws of the South Bahamas Conference of Seventh-day Adventists.
5. Transact such other business as shall be properly brought to the meeting.

All duly appointed delegates are invited to be present at this conference session.

By order,
Leonardo D. K. Rahming, (Pastor)
Executive Secretary.



ADMINISTRATIVE NOTES ORDINATION OF PASTORS

On Sabbath, September 24, 2022, at 4:00 p.m., the Atlantic Caribbean Union and the South Bahamas Conference will convene at the Hillview Seventh-day Adventist Church #134 Tonique Darling Highway to *Ordain to the Gospel Ministry* five pastors. Pastors Raydel Duffis, Lee Burrows, Kareem Black, Jamal Franklyn and Manasseh Simms have all proven their call to the ministry and are now ready for ordination. We take this opportunity to invite you the members to attend this most sacred service as we set aside these pastors to carry out their call further. Please note that this service may also be viewed live via ATV 53, Radio Station 88.3 FM, and all social media sites of the South Bahamas Conference. Further, we ask that all members continue to pray for these pastors as they enter this new phase of their ministry.
— Administration.



HAPPENING THIS WEEKEND

WORLD PATHFINDERS' DAY
September 17, 2022
Pathfinder March – 4:00p.m
Christie Park

Anniversary Ceremony – 5:00p.m
Clifford Park



COMMUNICATIONS DEPARTMENT SAVE THE DATE DEDICATION OF 150FT TOWER & TRANSMITTER BUILDING WORD SBC 88.3FM THURSDAY SEPTEMBER 29, 2022 @ 11:00a.m.

Activities will be held throughout the day on-air and in-person. Including:

88.3FM Pop-up Concert
(On air & in-person)
12:00p.m – 12:30p.m

Featuring a variety of musical artists.

'Meet Your Favorite Show Host'
(In-person)
4:00p.m – 5:00p.m

There will be giveaways throughout the day and free WORD SBC 88.3FM paraphernalia & more..

Plan now to attend as we encourage others to 'Live by the Word of God.'

— Mrs. Lavern A. Sturup,
Communications Director.



Health Ministries Department Breath Free Smoking Cessation Program Training of Facilitators

Will you like to become a facilitator to assist persons in giving up the habit of smoking? Well, this training is just for you. Training for the 'Breathe Free Plan to Stop Smoking' will be held on Tuesday September 22, 2022. For more information, WhatsApp at 826-8486 or email:

lifestylecounselor64@gmail.com.

— Mrs. Nathelyn LaCroix,
Health Ministries Director.



WOMEN'S MINISTRIES DEPARTMENT Wednesday Pause & Pray Special Edition

September 28th, 2022
12:00 noon -12:30 p.m.

Prayer Focus:
Submission to the Will of God

Zoom ID: 935 8887 9189
Password: 608999

New Providence Church
Women's Ministries
"Sip n Paint"
October 1, 2022
Small donation required

Remember to Pause & Pray with us in your virtual space each Wednesday at noon.

DONATION REQUEST

Gently used but in good condition

Devotionals & Books

Kindly donate to your local Women's Ministries Leader for distribution during our Community Outreach Projects and Book Club this year.

If you have any questions, comments or suggestions or need additional information on any of our initiatives, kindly email us at SBCwomensministries@sbcadventist.org.bs

--Mrs. Jacqueline Gibson, Women's Ministries Director.



GOOD NEWS CHURCH

The Good News Church begins the *Christ Our Only Hope* Gospel Campaign on Sunday September 25 - October 8, 2022, with speaker Dr. Henry R. Moncur and host Pastor Nikita Thompson.



Please Email Weekly Announcements
To: sbclogos@gmail.com
Or logos@sbcadventist.org.bs
By Tuesday at 3:00p.m.

Visit the Conference website:
<http://southbahamasconference.org>
for the Logos publication archives & the
ATV658 NEWS, as well as weekly
programming.



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SUNSETS
Saturday September 24, 2022
@ 7:04p.m.

Have a Happy Sabbath!