



Health Ministries & AHPA Training Workshops



As our Motto is, 'Sharing & Promoting Health...I Will Go!,' one of our objectives in Health Ministries is to train and equip our members with skills and present information and tools to help them be able to help themselves and others.

On Sunday, October 22, a Health Screening Workshop was conducted for participants to become more proficient in conducting proper health assessments. Shandera Smith advised on how to conduct proper anthropometric assessments (weight, height, body mass index, waist circumference, and waist-to-hip circumference). Dr. Monique Mitchell shared how to care well for the feet and conduct basic foot assessments. Nurse Cara Ferguson taught on how to conduct proper blood sugar assessments. Nurse Barsha Smith instructed how to assess blood pressure and Nurse Donna Moss trained on how to conduct proper blood cholesterol assessments. The instructors presented the theoretical principles and conducted practical demonstrations. Participants were excitedly and actively engaged and demonstrated their ability to conduct these measurements. They were also given tools to assist in their future health screening activities.

Since we regularly have food and beverages at meetings and fellowship meals, we wanted to ensure they are safe for consumption and to be proactive in preventing foodborne illnesses. Therefore, a Food Handlers Course was conducted by Nurse Andrea Linden and a team from the Ministry of Health & Wellness. She taught participants how to ensure that foods and

beverages are safe before consumption to avoid becoming ill as a result of food poisoning. Participants received their Health Certificates at the end of the session.

On Sunday, October 29, a First Aid, CPR, and AED course was facilitated by the Early Access Training Centre. Participants excitedly learned through a fun and interactive session how to perform life-saving techniques on anyone who is in a life-threatening situation.

About 50 people participated in these training courses. Appreciation is extended to all our instructors who volunteered their time and shared their expertise.

We are encouraging and challenging the entire membership to practice the principles of the Health Message and to become more actively involved in some form of health evangelism. More training sessions will be conducted next quarter to empower you. Stay tuned!

*- Sis. Shandera Smith
Health Ministries Director, SBC*



CALENDAR OF EVENTS NOVEMBER

3 – 4 Youth Retreats/Club Camps
4 – 11 Week of Prayer
5 Joint Prayer Meeting via Zoom
5 – 26 Club Certifications
11 – 17 e-Week of Prayer for Youth
12 Men's Power Hour (MPH)
14 World Diabetes Day Seminar
18 ATCU World Orphans/Vulnerable Children's Day*
18 Children's Day (Divine Service – Morning – Individual Churches) Agape Praise
Concert (Joint – Afternoon)
18 Men's Day of Prayer (Sabbath School, Divine Service, AY Hour – Men's Ministries
Leaders Certificate Presentation and Pinning)
18 – 19 SBC Men's Weekend
19 Men's Convention – 1 day – Seminars, Workshops, etc. Ends at 1:00 p.m. (take

away lunch) Proposed Venue: Hillview Church

23 Executive Committee Meeting
25 Youth Rescue Project & Social #YRP (Evening Joint)
26 Joint Elders Meeting



ADVENTIST WORLD RADIO A November to Remember

There will be a Telephone Evangelism Training with Adventist World Radio for members of the South Bahamas Conference on November 06th-08th and 13th-15th. Training will be held at the Hillview Seventh-day Adventist Church on Mondays, Tuesdays, and Wednesdays at 7:00 p.m.



BIBLE CLASS

The South Bahamas Conference Bible Class resumes online and at the Maranatha Church on Sunday, November 5, 2023, under the theme, Focus on Revelation. For further information contact Pastor Lynden Williams: lwilliams@sbcadventist.org.bs or 803-9793.



INAGUA DISTRICT Funding for the Pastors Residence in Inagua

The membership of the New Life Church is small and transitory. Therefore, to grow the work we need a stationary person there which will require a residence. Thus, we are building a Pastor's residence. Brothers and sisters, New Life Church, is seeking your assistance in the construction of this residence. Your help is desperately needed. Funds can be sent to the South Bahamas Conference by the online giving portal or to New Life Church's account at BOB # 1611350004323.

-Missionary Elder Winston Ash



MEN'S MINISTRIES EVENTS

Save the date. SBC Men's Convention will be held on November 24 and 25, 2023. All men of SBC are asked to prepare

themselves for this major event where we will gather and hear powerful presentations, dynamic preaching, and informative and interactive breakout equipping sessions. You don't want to miss it.

-Michael McCoy
SBC Men's Ministries Coordinator



MUSIC MINISTRIES UPCOMING EVENT:

There will be a choir workshop with Bishop Trent Davis. Thursday, November 9 to Sabbath, November 11, 2023, at the Maranatha Seventh-day Adventist Church beginning at 7:00 p.m. To sign up please email annettedorsett@hotmail.com.



- Annette Dorsett
Music Ministries Director



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-Michael McCoy
SBC Men's Ministries Coordinator



ASI BAHAMAS

ASi Bahamas will host a general meeting to discuss the 2024 Convention and future

yearend events, The meeting will also cover other events that will be held in 2024. The meeting will be held at Grant's Town church on November 4th, at 7 pm. Light refreshments will be served after the meeting.



MASS REUNION CHOIR

Webinar

The Mass Reunion Choir will be hosting a webinar under the theme, Addictions – Real Talk with host Nathelyn LaCroix. The webinar will be held on Sunday, November 12th, 2023, at 6 p.m.

Zoom ID: 989 2537 1363
Passcode: 164988



CENTREVILLE CHURCH

The Centreville Church's health ministry team invites you to a Diabetes Awareness Health Fair! The fair will be held in the church's parking lot on November 12th, 2023, from 10:00 a.m. to 3:00 p.m. There will be BMI and weight checks, massage therapy, psychological counseling, and healthy snacks. Know your risk! Know your response!

-Rebecca Johnson
Health Ministries Leader



AGAPE CHURCH

Early Morning Prayer Meeting

The Agape Church invites you to their Early Morning Prayer Meeting held every

Sabbath morning from 8 a.m.-9 a.m. at the church. We believe that God has a blessing for each one of us. We hope to see you there! A light breakfast will be served.

-Agape Prayer Coordinator



YOUTH ANNOUNCEMENTS

PCM AY Recap:

Public Campus Ministries celebrated their annual PCM Weekend from October 20-22, 2023. Friday night an interactive and informative virtual Bible Study was held for students. Sabbath afternoon a PCM AY Panel was held at the UB Performing Arts Center featuring melodious musical performances.

An electrifying panel discussion was held where panelists offered valuable advice for students on accountability, relationships, mentorship, social media, and digital ministry. The night concluded with a social at the Grant's Town SDA Church. Students fellowshiped with fun, wholesome games and discovered the power of intergenerational ministry through social interaction.



Please Email Weekly Announcements

To: sbclogos@gmail.com

Or logos@sbcadventist.org.bs

By Tuesday at 3:00 p.m.

Visit the Conference website:
<http://southbahamasconference.org>
for the Logos publication archives & the
ATV658 NEWS, as well as weekly
programming.



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SUNSETS

Saturday, November 11, 2023

@ 6:28 p.m.

Have a Happy Sabbath!